

Medical Notes

CUMULATIVE PATIENT PROFILE

NAME: Douglas Findley Copp HCN: 0011427564

GENDER: M F MARITAL: S/M/D/W Regular Exercise: _____

DOB: (D/M/Y) 3 Aug 1951 Occupation: _____

PHONE: (H) 567 1227 (W/C) _____ Smoker: Y ___ N ___ PPD _____

NOK: _____ Alcohol: Y ___ N ___ Excess _____

ADDRESS: 563 Charlotte St. Sydney N.S. B19 1E6

FAMILY HISTORY: _____

PHARMACY: Hewtons Sydney (P) (F) 92564 7680

ALLERGIES: Pen

Illness/Surgery (Type, Year) _____

CONDITIONS: metal toxicity
- chemical sensitivity
- hypothyroidism

MEDICATIONS: Pariet 20mg
Raliva 200mg OD
Hct 2 25mg iOD
Synthroid 60mg

Health Maintenance - Preventive Medicine

LIPID PROFILE									
STOOL/BLOOD									
COLON/RECTAL EXAM									
VISION-GLAUCOMA									
MAMMOGRAM									
PAP TEST									
PROSTATE/PSA									
I TETANUS									
M PNEUM yr FLU									
M TB.									
U HEPATITIS									
N									

OFFICE VISITS



NAME Doug Copp MARITAL STATUS S | M | W | D | SEP INSURANCE # 6011 427 564
 ADDRESS _____ PHONE (H) _____ (O) _____
 OCCUPATION / EMPLOYER _____ DATE OF BIRTH _____ AGE _____

INDICATIONS _____
 DRUG ALLERGIES _____ DIAGNOSIS _____ REFERRED BY _____

DATE / VITAL SIGNS SUBJECTIVE OBJECTIVE ASSESSMENT PLANS

24/10/12
 - Colic - cramps; constipation / diarrhea
 nausea / vomiting & undigested food
 Rx - P.B.S.'s / gen. tenderness abd.
 sup: ? 1 B.S.
 Tx - digestive enzymes P.T.C
 follow up

DEC 04 2012
 glaucoma & has same
 recent oph. & tx
 (showed improvement)

molar ulcers (hr. same)
 - recurrent / oral surgery pending
 Amoxicil 500 T 1 P x 3 wks
 - ? 1 B.S. / yogurt



PROGRESS NOTES

NAME Doug Copp

MARITAL STATUS DATE OF BIRTH 0011 427 AGE 564

Formedic

DIAGNOSIS

Rx

DRUG ALLERGIES

DATE / VITAL SIGNS SUBJECTIVE OBJECTIVE ASSESSMENT PLANS

JUN 14 2012
 JUN 18 2012

- COPD - doing better recently
 esp. e. outdoor air exposure
 - ? helped by Singulair 10 mg qd
 - gastritis Pantoloc 20 mg qd 20x1
 - hypothy Syn 50 mg qd

AUG 13 2012
 AUG 16 2012

SEP 11 2012
 - e/o recurrent "indigestion"
 esp. e certain foods
 hx. gastritis epis. tenderness
 - to try digestive enzymes
 - prostatism / for for PSA
 120/80

SEP 7 2012
 OCT 11 2012

recent chest infection
 (chest clear)
 ① flu vactm 0.5 cc IM.
 - c/o bilat. eye guttiness/pain
 - injected conj.
 ② bx: conj. (bilat) Hstly cm w/ T10

There is no way to reliably predict when or if varicella zoster virus will reactivate ... but there is a way to help prevent shingles.

ZOSTAVAX
 [zoster vaccine live, attenuated (Oka/Merck)]

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 XX-10-ZST-09-CDN-84130554d-SM

OFFICE VISITS

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ADDRESS: _____ PHONE (H): _____ (O): _____

OCCUPATION / EMPLOYER: _____ DATE OF BIRTH: _____ AGE: _____

INDICATIONS: _____ DIAGNOSIS: _____ REFERRED BY: _____

DRUG ALLERGIES: _____

DATE / VITAL SIGNS SUBJECTIVE OBJECTIVE ASSESSMENT PLANS

NOV 08 2011 - c/o pers. erythema of irritation of nose & eye to see oph. next week.
 → bilab. conj.
 - recent chest infection, finished abx, improving

JAN 31 2012 - hypothy TSH pending / can't sign 500090
 - gastroc Paned 20-00 2011

MAR 27 2012 - c/o pers. wheezing / chest clear today
 Dx - asthma Tx: Flovent 250 μ BID
 282

APR 18 2012 - c/o recurrent dyspnea, weakness;
 ? 2° chemical sensitivities.
 chest: wheezing
 Dx: asthma ? 2° irritants/allergies
 Tx: try Singulair 10mg QD
 + Flovent 250 μ BID
 regularly

MAY 17 2012 - c/o recent onset gen. fatigue, pain,
 swelling in joints; Pr: tenderness/jt/muscle,
 headache & dizziness. Tx lab bl + metals

Discuss HPV with your patients and vaccinate them today!

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 [Quadrivalent Human Papillomavirus
 (Types 6, 11, 16, 18) Recombinant Vaccine]

10-11-HPV-09-CDN-84140730a-SM

PAGE # CHART #

OFFICE VISITS



NAME Doug Copp MARITAL STATUS S M W D SEP INSURANCE # 0011-427-564
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INDICATIONS _____
 DRUG ALLERGIES _____ DIAGNOSIS _____ REFERRED BY _____

DATE / VITAL SIGNS	SUBJECTIVE	OBJECTIVE	ASSESSMENT	PLANS
10/2/11 B.P. _____ H T _____ W T _____ P T _____				

10/2/11 - bronchitis Abxice
 he - pain e in M.
 Mobicin in saline

APR 27 2011 - ~~bronchitis~~ @ XPR. MHT/X's
 chronic bronchitis - saline pm
 - ? c-spine o.a. / ? ddd
 - ? @ elbow tendinitis

MAY 25 2011 - c-spine @ a. / ddd - MHT/X's/mars
 - soft collar pm

SEP 07 2011 gastritis Rabeprazole 20mg qd 90%
 hyperthy 5mg 50mg, c.d 200%
~~JUN 23 2011~~
~~JUL 25 2011~~

SEP 27 2011 - no sweats, fatigue, joint pain,
 eye in headache, itching,
 etc.
 - Bartonella try Cipro 500 - BID x 1 mo
 & supps @ R x 2

Help your patients connect with Cymbalta®.

Cymbalta® DELAYED RELEASE CAPSULES
 duloxetine HCl Lilly

PAGE #
 CHART #

OFFICE VISITS

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NAME Doug Copp

MARITAL STATUS
S | M | W | D | SEP

INSURANCE # 0611-427-564

ADDRESS

PHONE (H)

(O)

OCCUPATION / EMPLOYER

DATE OF BIRTH

AGE

INDICATIONS

DRUG ALLERGIES

DIAGNOSIS

REFERRED BY

DATE / VITAL SIGNS	SUBJECTIVE	OBJECTIVE	ASSESSMENT	PLANS
<p>B.P. <u>100/70</u></p> <p>HT <u>175</u> WT <u>75</u> BMI <u>24</u></p> <p>P <u>90</u> T <u>98</u></p>				<p><u>en Viadem HC cr</u></p> <p><u>derm. hands NYD dr. @ Fucidin HC</u></p> <p><u>31090</u></p>
				<p><u>gastrotit</u></p> <p><u>Pantec 20mg OA 90x1</u></p>
				<p><u>hypothy</u></p> <p><u>Synthroid 0.05mg</u></p> <p><u>OA 90x1</u></p>
				<p><u>recurrent pain / gen. ten Ralvina 100/200</u></p> <p><u>1</u></p>
<p>SEP 22 2009</p>				<p><u>derm. hands NYD</u></p> <p><u>kenacomb cr - 1510</u></p> <p><u>3094</u></p>
<p>OCT 14 2009</p>				<p><u>COPD</u></p> <p><u>ing in hands kenacomb cr.</u></p>
<p>NOV 04 2009</p>				<p><u>ch. pain syn</u></p> <p><u>Ralvina 200mg 90x1</u></p>
<p>MAR 12 2010</p>				<p><u>gastrotit</u></p> <p><u>Pantec 20mg OA 90x1</u></p>
<p>MAR 29 2010</p>				<p><u>glaucoma / amiosis fugax</u></p> <p><u>App Dr. Nicoletti patching</u></p> <p><u>to fu after same</u></p>

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PAGE #
CHART #

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INDICATIONS _____

DRUG ALLERGIES _____ DIAGNOSIS _____ REFERRED BY _____

DATE / VITAL SIGNS	SUBJECTIVE	OBJECTIVE	ASSESSMENT	PLANS
B.P. <u>111 / 74</u> <u>2008</u> H T W T B M P T				
	- ? food allergies X TO CKRHT dietician			

SEP 1 2008

hypothy. Syn 0.05 ~ 0.02 x1

NOV 03 2008

- gen. o.a. / renew med. mar.
 - g.e. reflux / carbohydrate intolerance
 - ganglion @ wrist X 1 & 2

DEC 01 2008

- burn @ arm a Flamozine cr.

DEC 22 2008

HT 130/80 HCT 25.0 x1



Please see Product Monograph for full indication and complete prescribing information.

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 Scarborough, ON M1H 3G2
 www.organon.ca

Member
 CANMARJA071013E

desogestrel-ethinyl estradiol
MARVELON

OFFICE VISITS



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MARITAL STATUS
S | M | W | D | SEP

INSURANCE # 0011-427-564

ADDRESS

PHONE (H)

(O)

OCCUPATION
EMPLOYER

DATE OF
BIRTH

AGE

EDICATIONS

DRUG
ALLERGIES

DIAGNOSIS

REFERRED BY

DATE / VITAL SIGNS	SUBJECTIVE	OBJECTIVE	ASSESSMENT	PLANS
MAR 05 2007 BP: H T W T P T				IBS Imodium 2-0-1 2010 ↓
MAR 19 2007				?hypotensive episodes / 3 flu-like episodes - 120/80
MAR 27 2008 12/3/09				metal toxicity - generally better - gastric problems improved, tried C#0; had return of SIS, for <u>CTG</u> ; Pa VioKase t-iii e meals
MAR 16 2009				hypothy Syn 0.05 OD 90x1 - marcolony Alertec 100 OD 180x1 - HT 122/80 HCT 2 25 OD 20x1 f
MAY 12 2009				prochlorperazine 1mg 3x2 7x10
JUN 01 2009				gastrolin Panet 200 OD 90x1

LIVING 1000 FORMEDIC 20 TORBAY ROAD, MARKHAM, ONTARIO L3R 1G6

Name: Doug Copp

HC No.: 0011-427-564

16/8/07 infection @ foot 2° sun burn
- Keflex 500 2 x 7
- Fucidin cr. B₂

SEP 1 2007 RUQ pain NYO
- for lab // CT/US pending

OCT 15 2007
- v'd vision @ eye NYO & dr. Canillo f-u pending
- ~~gas~~ gutt & indigestion diurnal
- abd. muscle wall & MA (x's) / mass.
spasm

NOV 1 2007 - hypotherm Syn 0.15 mO₂ 90x2
- ? enteritis & lab

JUN 11 2008
- @ ~~carb~~? carbohydrate sensitivity ^{to} _{CHO} ⁱⁿ _{carcinoma}
- pers. chemical sensitivity _{avoid}
- esp. perfumes / similar chemicals
→ chest tightness / tingling hands / feet;
mental foginess;

[Signature]

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PAGE #
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DATE / VITAL SIGNS FEB 22 2007

SUBJECTIVE			OBJECTIVE	ASSESSMENT	PLANS
B.P.	- improved mental processing				
H T P	W T	B M I	- continues on multivits, minis		
- g.e. reflux			- see list		
- upper/lower gas			try Bicetel 100 TID		
for toxic panel urine			continue supps / meds		

DATE APR 11 2007

- HT Acetazolamide 250mg OD 90x1
 - hypothy. Syn. 0.05mg OD 90x1

B.P. _____

2/5/07 - bronchitis Eryc 333 TID x 10 days

2/7 - R & L pain/tenderness for ULS
 - chr. bronchitis

NORVASC
(amlodipine besylate)

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 EDUCATIONS _____
 DRUG ALLERGIES _____ DIAGNOSIS _____ REFERRED BY _____

DATE / VITAL SIGNS SUBJECTIVE OBJECTIVE ASSESSMENT PLANS

MAR 29 2006
 B.P. _____
 H T P W T P B M I
 - Meyer's cocktail + Glubathione 10cc
 Q

15/8/06 - BP 140/84
 I-V. Meyer's cocktail + Glubathione 10cc
 for metal toxicity Q

SEP 05 2006
 - Meyer's + Glubathione 10cc
 140/70
 Q

19/9/06 - Metal ~~toxicity~~ toxicity Meyer's cocktail
 BP 150/80 Glubathione 10cc
 Q

DEC 11 2006
 metal tox. Meyer's + Glubathione 10cc
 160/90
 Q

JAN 11 2007
 - started EDTA (Orakeel) Jan 1 100
 x 2 days, ~~reaction~~
 reaction to same
 - 3 to try 1/3 tab. to comb. e prev. treatment
 as outlined Q



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DATE / VITAL SIGNS	SUBJECTIVE	OBJECTIVE	ASSESSMENT	PLANS
MAY 09 2005				
B.P.	- multi vits			
H T P	W T	B M I	- glutathione	
13/6	- multi vits		- on Acetazolamide 250mg o.d.	
	periph edema		- CelMas	
	- Niacin 50mg o.d.		- Synj	
	- Biochelat			
21/6	- MVI			
	- ozone E			
B.P.				
H T P	W T	B M I		
			05/7 - MVI / gluta	
			- ozone	
18/7	- MVI / gluta			
	- ozone E			

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Diovan (valsartan) is indicated for the treatment of mild-to-moderate essential hypertension. Diovan-HCT (valsartan and hydrochlorothiazide) is indicated for the treatment of mild-to-moderate essential hypertension in patients for whom combination therapy is appropriate. Please refer to prescribing information for full indication, warnings, precautions and patient selection criteria.



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 Dorval, Quebec H9S 1A9
 www.novartis.ca

* Diovan is a registered trademark.
 Product Monographs available on request.
 Printed in Canada



Pre 9/11 A

All tests w/NI's
2 99/100

1
~~hx~~

- good health
- excellent endurance
- hardly ever any colds
- no headaches

Pos 9/11

Thyroid dysfunction

2 on meds.

1 weakness,

dyspnea
walking?

10 mins
constant severe
vom & dia
generalized
edema

~~head toxicity~~

C S+S

- urine pre/post

unable to take chel. tx
due to ^{toxic} effects of mobilizing
lead.