

List of Meds &

Medical Log

**List of Medications for Doug Copp
As of November 13, 2012**

- _ Novo-Rabeprazole 200 mg 1x/day
- _ Synthroid 0.05 mg 1x/day
- _ Apo-Hydro 25 mg 1x/day
- Apo-Amoxi 500 mg 1 capsule 3x/day for 10 days

- _ Lumigan RC 0.01% . 1 drop @ bedtime
- Azopt opht susp. 2x/day

**List of Medications for Doug Copp
October 2012**

- _ Novo-Rabeprazole 200 mg 1x/day
- _ Synthroid 0.05 mg 1x/day
- _ Apo-Hydro 25 mg 1x/day

Note: 6 prescriptions of each eye drop are given at a time by the pharmacy as per Monica Carrillo, Opth.

- _ Latanoprost opht sol. 1 drop @ bedtime
- Azopt opht susp. 2x/day

Get a prescription for Advair and emergency sniff.

List of Daily Medications & Supplements

Name: Doug Copp DOB: Aug/03/51

Date: January 12, 2007

Apo-Acetoalamide 250 mg 1x/day
Synthroid 0.05 mg 1x/day
Prilosec 20 mg
Albuterol PRN
Advair PRN
Aspirin 325 mg
Niacin 200 mg
Lithium 1000 mg
Gluthathione 500 mg

Multi-Vitamin 3000 mg
Vitamin B-6 200 mg
Vitamin B-12 1500 mg
Vitamin B 100 Complex 3 x 100 mg
Folic Acid 400 mg
Ester C 4000 mg
Selenium 100 mg
Alpha Lipoic Acid 1500 mg
Phosphatidylserine 100 mg
Choline Bitartrate Inositol 350 mg
Potassium 100 mg
Lycopene 30 mg
Milk Thistle 3000 mg
Pantothenic Acid 1000 mg
Insolol 200 mg
Blue Green Algae 500 mg
Mastica 500 mg
CoQ10 120 mg
Policosanol 120 mg
N-Acetyl Cystene 600 mg
Flax Seed 2000 mg
Ginko Biloba 200 mg
L-Carnitine 250 mg
Lutein 20 mg
Acidophillus 40 mg
Grape Seed 300 mg
Panox Ginseng 600 mg
Echinacea 400 mg
Shark Liver Oil 1000 mg
Beta Carotene 50,000 IU
EDTA or DMSA 50 mg

Complete array of minerals + Calcium to compensate for chelation.: Magnesium, Calcium, Selenium, Copper, Manganese, Potassium.

Dr. Hibbus

List of Daily Medications & Supplements

Name: Doug Copp DOB: Aug/03/51

Date: December 20, 2006

Apo-Acetoalamide 250 mg 1x/day
Synthroid 0.05 mg 1x/day
Prilosec 1x/day
Albuterol PRN
Advair PRN
Lithium
EDTA
DMSA

Niacin 100 mg 1x/day
Blueberry 500 mg
Magnesium 120 mg
Ginko Biloba 60 mg
Saw Palmetto 160 mg
Mastica 500 mg
Milk Thistle 200 mg
Biochelate 100 ml 10-15 drops
Ester C 1000 mg
Grape Seed 100 mg
Calcium Magnesium 333/167 mg
Omega 3-6-9 1200 mg
Apple Cider Vinegar 500 mg
Flax Seed Oil 1000 mg
CO-Q10 30 mg
Acidophilus
Echinacea
Choline Bitartrate
L-Gluthathione
Phosphatidylserine
Vitamin A
B-Complex
B-6
Lipoic Acid
Multi-Vitamin, Multi-mineral
Astragalus
DHEA
Panax Ginseng

get referral from Dr Ben for
Fall River Environmental
Clinic (just outside Halifax) ! ! !

MSI pay

Hair analysis !

Mineral deficiency ?

Iodine ?

HSI.

docguide.com

Dr. Tom Smith

(707) 824-0111

PAGES TOTAL

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Jan 1, 2007. I started taking 1 x100 mg capsule of EDTA (absorption rate of 15%) as per instructions of Dr Ben Boucher. It was expected that this would help me to gradually reduce the amount of toxins, in y body.

Jan 3, 2007,

I have had difficulty sleeping at night; since, Jan1, 2007. I am itchy all night. My right hand is breaking out into lesions and white scab. I expect his is due to toxins entering my blood stream as a result of taking EDTA.

Jan 4.

My right hand is cracking open. Before, it was always my left hand which reacted first and strongest.

Slept till 3 pm. Very tired, the drugs make me have low energy.

Jan 5.

Couldn't sleep. Itchy. Got up at 3 pm.

Diarrhea 12 times today. It is green and black in color and looks more than just sickly. It looks creepy and worrisome. Toxic looking.

Blisters and boils are breaking out on the palm of my left hand.

I have put hand creme on my right hand, a dozen times, today, to soften the hard skin which is now continuing to split open.

It is becoming painful to use my hands.

I want to ask Dr Boucher if a skin sample can be taken and chemically analyzed to determine the poisons and heavy metals which are exiting through my lesions.

Jan 6, 2007.

Tossed and turned till 7 am scratching. Simply couldn't get out of bed till 3 pm. Tried very hard but I was deadly tired.

My vision is blurred and I am acting clumsily (dropping things, bumping into things)

My face is breaking out into red whelts from poison coming out thru my skin.

Jan 7, 2007.

I have a taste of metal. In my mouth.

Jan 8, 2007.

Feelings of paranoia, short term memory loss. Keep forgetting. Vision blurred. I have a strong taste of metal in my mouth.

Vision blurred. I destroyed my computer hard drive. I hooked up power with out making pin connections. This follows my deletion of 3,400 essential emails.

Paulina says that I should decrease the dosage because she can see dramatic changes in my 'mind'. She says that I cannot focus. I keep forgetting. I keep making mistakes. She says that I am overwhelmed and confused. She doesn't trust me to drive to the Doctor's appointment alone.

I can't remember my attorney's phone number. I have called it hundreds of times, before.

Jan 12, 2007.

Had blood test , yesterday at hospital. The blood technicians had unusual problems getting a vein. Tried several times. Changed to another technician.

Went to Clinic with Dr Boucher. Suggested that I stop taking EDTA. He told me to call to speak with him, next Monday. He will tell me if the blood test indicates liver damage. Told me that my EDTA report indicated that I have a great reservoir of heavy metals. He said he was particularly concerned about the Strontium and barium in my body.

Couldn't sleep last night. My guts are hurting. By 8 am I had diaharea 8 times...another 4 times by 11:30 am. It continued thru the day and evening. I am bleeding rectally. It is very acidic, black and liquid.

Also, I have been having very long and violent burping sessions. I first started having these (in my life) 4 weeks ago. I stopped eating foods which were hard to digest. Now, I am having severe indigestion problems even though I am eating very gentle food.

Pimples on my forehead. I have stomach infection. I need another hp pack for 10 days of multiple antibiotics

.Jan 18, 2007

Itchy allnight, couldn't sleep till 6 am. Abdominal cavity still very painful.

Jan 19, 2007.

Very tired, stomach upset. Abdominal cavity upper area id very sore and painful when I move.

Jan 22, 2007

Same. Can't sleep at night. Too itchy. Very tired, stomach upset. Abdominal cavity upper area id very sore and painful when I move.

Getting concerned about insides. Sharp pain when I get up from lying down. Or when I stand up from sitting.

Seeing Dr Snow tomorrow. Vision blurred.

Jan 23, 2007.

Prescription from Dr Snow. He said: " You are a new man , now. I saw you when you were really bad.

Jan 25-30, 2007-01-30

Right hand broke into large lesion. Diaharea, every day. Internal cavity of organs still hurting; especially, when I get up from lying or sitting positions.

Feb 11, 2007. Severe acid reflux disease. Uncontrolled diaharea. Right hand is still rough scab with open lesion. I feel very weak and sick. Paulina tells me that I look very pale, exhausted and sickly. Later, in evening I developed a bad headache, earaches, blocked sinus, sick to stomach, sharp pains in stomach.

Feb 12-22, 2007. nasty diaharea ..more like dysentery.

Feb 20, 2007. Appt with Dr Boucher . set on new plan to restore my immune system. New medication 3 times per day "diecel" sp? For completely out of control acid reflux disease.

Feb 23, 2007. Vomiting- throwing up several times. Really sick and sore all over. Severe stomach pains.

Feb 24-March 4, 2007. Dr Boucher's medicine for irritable bowel syndrome isn't working. I still have bad cramps, sharp and prolonged abdominal pains, severe diaharea.

The last few days I have been dizzy, my head has been spinning and I often feel faint (5 times per day). I feel like my legs are going to collapse, that I will fall. Paulina tells me that I look very sick, drawn and pale.

My brain feels slow and I have had headaches. My eyes are dry.

I am, now sleeping at night because the itchyiness has diminished; however, Paulina sleeps elsewhere because I have been having nightmares and I have been tossing and turning.

March 12-14, 2007

I haven't been able to sleep at night. I am hot (Paulina is next to me in an unheated, cold room under a pile of quilts 1 ½ ft high) even though I have a single thin blanket. I am still itchy. I have difficulty breathing. I don't get to sleep until 7 am.

I am very dizzy. I get dizzy spells in which I come close to passing out. This occurs when I get up, roll over or make the slightest quick movement. This is a new experience, in my life and feels very strange.

My brain is clear and I otherwise feel well.

MEDICAL LOG
Doug Copp
April 27 to June 12

April 27, 2006

Chest Pain and upset stomach

April 28, 2006

Doug's mother passed away. Doug felt very upset for the following week. General health was not good during this period. Open wounds on hand.

May 3 to May 14 2006

Doug felt very sore with aching joints. He feels exhausted most of the time. Wounds on hand were cracked open.

May 15 2006.

Bad acid reflux attack. He did not feel well at all.

May 17, 200.

Chest pain in his entire upper. He felt very dizzy, faint and exhausted. He felt like passing out and was talking with no sense at all.

May 18 to May 23.

He felt very sick. Open wounds on hand are cracked open again. Chest pain.

May 24, 2006.

Doug started to feel better.

May 27, 2006.

Bad Acid Reflux. His hands are sore.

May 28, 2006.

He started a trip to New York in the motor home. He went on this trip with a young companion, to take care of him, if and when necessary.

May 29 to June 2, 2006.

Doug's hands were swollen with many open sores. The companion of Doug, Mike Peters, noted that his hand was 'swollen up and around his ring' making the ring look tiny. Doug started to feel very sick, faint and exhausted as soon as he got into a congested and polluted area (Maine near Bangor). His chest started to hurt with prolonged and sharp pain. Doug told Mike that he was either having a heart attack or a major respiratory

problem could be starting. Mike Peters told Doug that the problem must be respiratory because his heart was on the other side, of his chest, from the central location of the chest pain. Doug immediately decided to go to a nearby State Park, for fresh, clean, salt air, near the ocean. Doug's chest became very tight. Doug sat up all-night, at the Park, because he felt like he 'was being strangled', when he laid down. Doug left for home, at daybreak. Doug felt dizzy, faint, 'was pale', and broke 'into a cold sweat'. Doug called Dr Smith, at home, Dr Smith's wife contacted him, at the gym, and had Dr Smith call the pharmacy where Doug was waiting. Doug had a very serious respiratory attack and was gasping for air, by the time, the prescription was obtained. Dr. Smith prescribed Doug with Advair and Albuterol. Doug was forced to cancel his trip to New York City and head back to Nova Scotia. Doctor Smith told Doug that the pollution of the East Coast corridor was a shock to Doug's respiratory system; since, Doug had been living in a clean environment for 3 years.

June 3 to June 12, 2006.

Unable to sleep at nights. As soon as he tries to sleep he starts having trouble to breathe. Acid Reflux, exhaustion and chest pain. Doug has not been feeling well at all since he returned from the trip. Doug has had only 2 nights of restful sleep, in the last 2 weeks.

Note: Memory problems are consistent. He does not have good memory retention and cannot remember details.

MEDICAL LOG
Doug Copp
March 29th to April 26th

April 2nd, 2006

Doug is too hot and has trouble breathing. He had a very bad acid reflux attack. His prescription failed to stop this attack lasting for many hours.

April 4th, 2006

Doug is too hot and has trouble breathing. He opened the window in the bedroom.

April 5th, 2006

Doug had a very bad acid reflux attack. Doug had a very severe cognitively diminished episode. Doug had his attorneys write a letter to a major Hollywood Production Company asking them if they still support their TV program which hailed Copp as a hero for saving a little girl's life. After several events which should have made a 'well' person realise that they had sent the letter to the wrong production company. Doug failed to realize that he had mixed up the names of production companies and gave the wrong company name to the attorney. Doug had asked the production company which he had made a documentary film in 1997 to validate the contents of a film he had made in 1999 with a different company. Doug felt embarrassed because the President of the Production Company must think that Doug is 'crazy'.

April 6th, 2006

Doug has chest pain and upset stomach. Doug felt so sick that he did not finish his meal.

April 8th, 2006

Upset stomach caused him not to finish his meal for the second time.

April 9th to April 12th, 2006

General health improved. Doug continues having memory problems. This causes him to become frustrated and irritated.

April 13th, 2006

Doug feels too hot and is unable to sleep. He sniffed all night.

April 15 and 16th, 2006

Doug feels too hot and is unable to sleep. During the daytime he became very tired, developed chest pain and headache.

April 17th, 2006.

He continues to feel hot and is unable to sleep during the night. He turned on the ceiling fan in the bedroom to get the air circulating and be able to get some sleep.

April 18th, 2006.

Doug was so exhausted from being sick, that he could not safely drive to his Dr. appointment. Doug cancelled his appointment with Dr. Boucher.

April 20th, 2006.

Doug felt very sick all day.

April 21st, 2006.

Doug could not sleep at night. He felt too hot and kept sniffing from respiratory problems, all night.

April 23rd, 2006.

Doug doesn't feel well. He has an upset stomach. His hands continue having open sores.

April 24th, 2006.

Doug's lungs were wheezing in the morning. He complained from chest pain.

April 25th, 2006.

Doug complains from chest pain. The pollution in the air is making Doug's chest contract with pain. He feels pressure in his chest and finds it difficult to breathe. He does not feel well.

Note: Memory problems are consistent. He does not have good memory retention and cannot remember details.

MEDICAL LOG
Doug Copp
March 29th to April 18th

April 2nd, 2006

Doug is too hot and has trouble breathing. He had a very bad indigestion.

April 4th, 2006

Doug is too hot and has trouble breathing. He opened the window in the bedroom.

April 5th, 2006

Doug had a very bad acid reflux attack. Doug realized he had mixed up the names of production companies and gave the wrong company name to the "Triangle of Life" video producer. The producer sent a letter regarding the video to the wrong company. Doug had to make a series of phone calls in order to straighten things up.

April 6th, 2006

Doug has chest pain and upset stomach. Doug feels so sick that he did not finish his meal.

April 8th, 2006

Upset stomach caused him not to finish his meal for the second time.

April 9th to April 12th, 2006

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MEDICAL LOG
Doug Copp
March 14th to March 28th

March 14th, 2006

Doug had a Sauna and had a Glutathione treatment at home as prescribed. The Glutathione was expired. He took it to save some money, as it costs \$75⁰⁰. Afterwards, he had a severe acid reflux disease, severe joint and muscle pain. He felt really exhausted and had a very bad headache. His chest hurt and he felt disoriented. He felt concerned because he felt like he might die through the night. He had a sense of dying and he had to get and exert his will not to die.

March 15th, 2006

Felt sick all day. He had an appointment with Dr. Boucher to get his IV treatment. Doug's veins were collapsed and it was almost impossible to get any treatment.

March 16th to March 18th, 2006

Very sick and felt exhausted. Sore muscles. Hand breakout continues to be severe.

March 19th and March 20th, 2006

He started to feel better. Felt a lot more energetic.

March 21st, 2006

Doug memory problems are persistent. He cannot remember things that happened 6 months ago. He started to have a sudden sharp pain in his back due to lifting his arms up. It was almost as bad as when we had to take him to the hospital.

March 22 and March 23, 2006

Doug feels tired, sore and continues having severe back pain.

March 24th, 2006

Back pain continues for the 3rd day. Feels tired and sore. At the gas station, there was a strong gasoline smell. He immediately started feeling dizzy and disoriented. His speech became delayed and broken.

March 25th to March 28th, 2006

Doug continues feeling very sick with the following symptoms: exhaustion, back pain, hands breakout, memory problems. His thumb is cracked open where it bends and it looks infected.

MEDICAL LOG
Doug Copp
February 22nd to March 15th

Overall new medical prescriptions have made a substantial improvement in Doug's day to day health.

There was one outstanding exception occurring yesterday. Doug's chest hurt the entire day, he coughed until he vomited and had several coughing bouts during the day. Doug's lungs feel like they are at a verge of having a spasm, which he has to conscientiously suppress. His hands are very sore. He had sharp strong pains in his stomach.

All of his joints hurt and continue to hurt today. Doug feels very exhausted, but not a normal kind of exhaustion. It is a feeling of collapsing.

Doug tossed and turned all night. He had a whole series of nightmares.

**Medical Log
Doug Copp**

January 13, 2006

Applied an EDTA suppository treatment.

January 14, 2006

Felt very sick all day. Tired, dizzy and aching. Chest pain.

January 15, 2006

On this day there were high winds that created smoke to backdraft in the chimney. Doug had to leave the house for the day and go to the country to breathe fresh air. Chest pain.

January 16, 2006

Chest pain.

January 19, 2006

Very sick, tired and aching all over the body.

January 20, 2006

Very tired, aching and dizzy.

January 21, 2006

Very tired, aching and dizzy.

January 23, 2006

Bad acid reflux attack. Very tired.

January 25, 2006.

Chest pain.

January 26, 2006

Aching all over the body. Tired.

January 28, 2006

Started taking ½ tab 250mg Niacin about a week ago. (Unable to find 100mg at stores). Hands are breaking out.

January 30, 2006

T/C with Dr. Tim Smith. He recommended to stop Niacin, until hands recover.

January 31, 2006

Chest pain, earache, tired.

Overall, health has not been good. Doug feels tired, aching and having chest pain, most of the time. Symptoms are written by date, when they become more notorious. He continues having acid reflux and other stomach problems. His memory is poor. He relies on others to remind him of important issues or events.

**Medical Log
Doug Copp**

January 2 to January 6, 2006

Acid reflux. Trouble sleeping at night. Chest pain.

January 7, 2006

Acid Reflux. Ear blocked with sinus infection. Trouble sleeping and breathing. A lot of memory problems. Misplaces things. Doug put engine antifreeze in wind chill washer reservoir.

January 8, 2006

Acid Reflux. Extremely tired. Sore in all joints and muscles. Arms and wrists throbbing with pain. Chest pain. Earache and toothache on right side. Headache. Right side eye hurting. Doug started noticing the outbreak on his hand reappearing.

January 9, 2006

Acid Reflux Disease. He could not sleep at all. He feels extremely hot and air is stale and dry. Trouble breathing with sinus path blocked. Doug would like to know why he feels so hot all the time.

January 10, 2006

Acid Reflux. Chest pain.

**Medical Log
Doug Copp**

Dec 26th 2005

Acid Reflux, Earaches. Chest pain and wheezing. Unable to sleep

Dec 27th 2005

Acid Reflux. Chest pain and wheezing. Unable to sleep. Doug felt too sick to be able to go to a Christmas party at night.

Dec 28th 2005

Acid Reflux Disease. Felt like vomiting. Very tired. Chest pain and wheezing. Unable to sleep.

Dec 29th 2005

Acid Reflux. Chest pain and wheezing. Doug realized he had been exposed to cigarette smoke. We rent the 3rd floor and part of the 2nd floor of our house to couple from the university. When they first arrived to the house, they were made aware in writing that they could not smoke in the house. They ignored the signed agreement, and regardless, smoked on the 3rd floor. When Doug went upstairs on December 26th to check a water leak, he immediately reacted to the contaminated environment.

Dec 30th 2005

Acid Reflux. Chest pain. We had the 3rd floor ventilated and gave the couple an ultimatum stating there was absolutely no smoking in the house. They decided to vacate the house in 2 weeks, stating that it was too inconvenient for them to go out to smoke.

Dec 31, 2005

Acid Reflux. Doug was unable to sleep due to food poisoning symptoms. Chest pain.

January 2nd 2006

Acid Reflux. Doug started to feel better.

**Medical Log
Doug Copp**

Dec 15th, 2005

Last day of HP pack. Doug started to have acid reflux symptoms right away.

Dec 16th to Dec 22nd, 2005

Acid Reflux, earaches.

Dec 19th & Dec 20th, 2005

Doug was very tired in the evening. He could not help falling asleep while watching TV.

Medical Log
Doug Copp

Nov 30th, 2005

Antibiotic: Iprofloxacin 500 mg ran out yesterday. Vision is very blurry and headache returned. Small ear ache, not as bad as before.
Started HP Pack and Domperidome 10 mg.

Dec 10th, 2005

Doug was tired in the evening.

Dec 13th, 2005

Spoke with Dr. Tim Smith. Reviewed medications and made some recommendations: D/C Domperidome, as it counteracts with Prevacid. He recommended other supplements such as Acidophilus, and Calcium Gluterate and increased dosage of Mastica. Dr. Smith expects, the symptoms to reoccur after Doug stops the HP pack of antibiotics.

The purpose of taking Acidophilus is to increase the flora in the colon to aide digestion and help the immune system.

The Mastica, is a natural antibiotic that does not damage the intestinal flora, like the HP pack antibiotics do.

Doug showed a significant improvement during this last period. He has not complained about Acid Reflux, after starting the HP Pack. His overall health, seems better.

**Medical Log
Doug Copp**

November 5, 2005

Doug had to cancel invitation to dinner. Doug felt faint, dizzy, elbows sore, back of hands sore, felt like collapsing, acid reflux and exhausted.

Doug stated: "Takes all my strength just not to pass out" "This is the third time in the last six months that I feel faint"

November 9th, 2005

Doug was too exhausted to accompany Paulina to Halifax. (Paulina had to take care of some personal business).

November 13th, 2005

Acid Reflux disease is out of control. Prilosec doesn't stop it.

November 17th, 2005

Doug coughed and vomited at night for 3 hours straight. His lungs were wheezing. It took him a long time to get to sleep.

November 21, 2005

On our way to Port Hawkesbury for Intravenous Injection, Doug complained about feeling nauseous and started vomiting. He did not feel well and had to come back home.

November 24, 2005

Doug has been coughing, sniffing and gagging for the last week or so. Symptoms get worse at night. It makes it very difficult for him to have a good night sleep.

In general, Doug is exhausted most of the time. His acid Reflux is ongoing and persistent, even with medication. Doug spoke with Dr. Tim Smith, November 17th. Dr. Smith recommended, getting a prescription for an HP pack to attack cause of Acid Reflux disease.

**Weekly Medical Log for Doctor Boucher and Doctor Tim Smith
Doug Copp**

This week doug has had many attacks, his body has been very sore, he has had a lot of headaches, his joints have been very painful, 4 or 5 times he has had short periods of hearing 'ringing in his ears'. The chest pains have stopped from being continuous to only for short periods and not every day.

October 8th, 2005

Doug went to fill the motor home with Diesel, so he could go the country for fresh air. He had been staying home only 2 nights out of the previous 3 weeks because he was having severe attacks every day.

The man at the gas station hesitated and said "This isn't Diesel" Doug realized that he had opened the water tank cap instead of the Diesel fuel cap. This would have cost thousands of dollars in damage. Everyone in the station laughed and there was a sense of bewilderment. Doug explained that he was sick, NOT crazy and he gave the attendant a tip for preventing the damage.

October 15, 2005

Doug went into Wal-Mart, past the shampoo section and immediately started having a migraine attack, which continued to worsen with time. Chest started to hurt again. He started to have a series of acid reflux attacks.

As Doug describes it "Almost drove Paulina over with truck. Paulina stopped to lower chain across driveway for Doug to drive past and enter property". Doug thought: "Paulina lowers chain, then I go past her, then she raises chain back up, then she gets back into vehicle on other side" Paulina lowered chain, Doug thought what to do, then thought Paulina went to raise chain, then Doug went to drive over Paulina, forgetting that she had to lower chain and move out of the way. Doug forgot the middle part of the logical progression.

Doug realized he was going to drive over Paulina, and then he stopped. This was brought on by Doug going to Wal-Mart for a watch battery and walking past perfume. Doug had an instant headache attack, followed by bewilderment. This lasted for several hours. Doug never slept all night due to acid reflux disease attacks.

Paulina and doug copp

Oct 17, 2005

Doug feels very strange. He is strangely tired, different from other times. He feels like fainting, throwing up and has an upset stomach. Started taking Prilosec for Acid Reflux. Feels very dizzy.

Doug had an appointment with Dr Smith. . Dr Smith prescribed mastika and prilosek, in combination, to help control Doug's acid reflux disease which had been 'out of control' lately.

Doug talked to Dr Smith about the adverse effects on his health from the defamation of Lang and dateline and their attempts to put doug in jail.

October 17th to October 21st

Doug has flu-like symptoms. He has swelled up glands, feels tired, and coughs at night and in the mornings. He has been feeling feverish. He cannot go to the country anymore, because it is too cold. At night he has a hard time sleeping.

Oct 21, 2005

Doug has been sick for more than 1 week, glands swollen, coughing, sleepless, acid reflux disease. Doug had to get up in the middle of the night for medicine.

Oct 23, 2005

I had a terrible thing happen to me, today. I had been trying to get my friend, who does plumbing, to come to the house, to do some work. I actively pursued this for 2 months (he was busy and then emergencies prevented him from coming).

I went to the stores to buy the parts, 4 times (I kept forgetting parts). I had everything ready and finally he came to do the work. Consider, that I had plumbed the first house; I built entirely by myself; when I was 21. I was, also, the license holder for a nation wide Contractor and I owned my own construction company, for a few years. When I was healthy, 'plumbing' was child's play , for me. Now, my illness prevents me from doing these things anymore.

It was already done! Upon investigation, we determined that I had the work done a year before. I had gone through all this fuss, aggravation, scheduling and effort to do something which was already done. I didn't remember , in spite of a dozen opportunities, to remember. Everyone was shocked and bewildered again and I feel like I have got to defend myself from people thinking I am crazy.

I am so frustrated. I don't know what to do with myself.

October 24th

Doug was walking around outside the house with the portable phone - only it turned out to be the remote control for the TV.

October 24th to October 31st:

Doug has not been able to sleep at night. He's had several cough attacks that start either when he tries to go to sleep or when he wakes up in the morning. He has complained about swelled up glands and wheezing. He does not feel well most of the time and does not have enough energy to complete daily activities and/or do work around the house. He continues having some memory problems, by not remembering recent events or details. He stays away from Wal-Mart to avoid any possible attacks, triggered by the cleaning products used at the entrance and other products sold through out the store. (candles, perfumes, soaps and detergents among others.)

Oct 31, 2005.

Doug spoke with Dr Smith about Lang's attempts to force Doug to dismiss his lawsuit 'with brute force', by putting the picture of doug with his crotch ripped open on the front page of his local paper and the fact that Tom Lang had sent this picture to the local paper. Lithicum had contacted 3 local newspapers and had them reprint her lies about me.

I told Dr Smith that my life is so miserable, from the combination, of my 'ill health' and the pressure and emotional stress caused by Lang that I wish I would have died at the WTC.

I went to DMV and they put a picture of myself on the screen from just before Lang started in his vendetta to destroy me. I was visibly shaken and uttered " Oh My God". I looked at the picture and realized that I have aged 15 years; since, then.

My beard has turned 50% white and there is now gray hair throughout my head. I have gained another 20 pounds (80 total) and my face has become all worn and wrinkled.

I feel like I have no reserve left to draw from and every attack from Lang directly impacts my health.

Dr Smith prescribed Diamox to help reduce inflammation of cerebral edema and my right side of my face which has constant headaches, earache and glands swollen.

Medical Log
Doug Copp
Sept 29th to October 12th

2005

- Increased Niacin dosage. His body itches and hand is breaking out again.
- He suffers from throbbing pain all over his body (hands, elbows, knees, etc) It is so painful to move his arms, he can hardly drive. The pain overpowers his mind. He feels like taking pain killers.
- He feels exhausted and lethargic
- Continues with Acid Reflux
- Chest pain has improved after spending time away from Sydney
- Ear rings sometimes
- He has a headache most of the time. Yesterday he had a severe allergy reaction to house cleaning products, which caused him a strong headache.

Medical Log
Doug Copp
Sept 19 to Sept 28

2005

- Continuous penetrating sharp burning pain on the center of his chest. Finds it hard to breathe
- Feels very exhausted, just like when his immune system collapsed before. Especially at night. He states he feels like "Throwing up" and has very little energy to do anything. *he feels like fainting*
- Has not been sleeping at night. Too hot. He has been sleeping in Louisbourg for the past week⁵, where he can get fresh air.
₂
- Both hands and fingers are throbbing with pain, all the way up, including elbows. Feet, knees and joints hurt. *hands still have some lesions*
- Frequent headaches - *20 times/day*
- Eyes are dry and sore.
- Sinus block and squeeze. Ear rings and ears blocked.
- Constant Acid Reflux activity. It is getting worse each day.

- When left foot gets cold, it makes instantly, his left side hurt - Believed to be due to, still being Partially paralyzed on left side due to injury to his spine.

Medical Log
Doug Copp
Sept 7 to Sept 19

2005

- Continuous penetrating sharp burning pain on the center of his chest. It has gotten worse in the last month. Finds it hard to breathe
- Feels very exhausted, just like when his immune system collapsed before.
- Has not been sleeping at night. Too hot.
- Both hands and fingers are throbbing with pain, all the way up, including elbows. Feet, knees and joints hurt.
- Frequent headaches
- Eyes are dry and sore.
- Sinus block and squeeze. Ear rings and ears blocked.
- Frequent Acid Reflux activity.

Medical Log
Doug Copp
July 19th to July 26th

2005

- Doug has been having difficulty breathing, pain on the chest. Pain under ribs continues.
- Open lesions on both hands continue. Is difficult for Doug to use them without being in constant pain.

- MEDICAL SYMPTOMS -
DUGG CPP

July 9th to July 19th 2005

- Several days Doug was exhausted and had to go to bed early. Exhaustion, is the kind that Doug gets when his immune system is low. He can hardly move and feels like fainting.
- Sharp pain under the ribs on his right side. When you push on it, it feels hard. Doug has had pulled muscles before in the past, that only lasts for an hour or a day. This one has lasted for 2 months and does not go away.
- Continues to have open lesions on both right and left hand, as a result of the poison coming out through his skin.

DOUG COPP'S DAILY LOG

05/24/05	Not good	Tired	
05/25/05	Good		
05/26/05	Good		
05/27/05	Good	Hoarse throat	Has no reacted to cigarette smoke
05/28/05	Not so good	Tired, sore hands, head congestion, hoarse throat	Mild reaction to cigarette smoke
05/29/05	Good	Hoarse throat	
05/30/05	Good		
05/31/05	Good		
06/01/02	Good		
06/02/02	Not so good	Hands infected, back pain	Doug would like to be referred to Halifax Clinic. He is worried about his kidneys. Hands continue to have infection.
06/03/05	Good		
06/04/05	Good	Back pain, numb legs, hand infection	
06/05/05	Good	Hand infection	
06/06/05	Good	Hand infection	
06/07/05	Good	Hand infection	
06/08/05	Good	Hand infection	
06/09/05	Not so good	Hand infection, cold	Came back from trip. Long trip on plane
06/10/05	Not so good	Hand infection, cold, pain on right side of abdominal area. Exhaustion.	
06/11/05	Not so good	Hand infection, cold, pain on right side of abdominal area. Back pain	
06/12/05	Not so good	Hand infection, cold, pain on right side of abdominal area. Back pain	Cold symptoms improved

DOUG COPP'S DAILY LOG

05/09/05	Good	Backache.	Slept well last night. Visited Dr. Boucher. Discussed Lead test results.(lower Lead levels). Agreed to have a challenged lead test after Doug comes back from China. Vitamin C, Glutathione and Ozone treatment.
05/10/05	Not so good	Unable to sleep. rash on left hand, itchy, backache, mild memory problems.	He used his wrist band for a few hours and got rash back. He was not sure if light warning in the car had been on for a long time. (1 year)
05/11/05	Good	Rash on left hand. Backache	Visited Dr. Snow, eye doctor. Test results indicate that vision improved significantly. Eyesight back to 20/20 from 20/50. Able to give motivation lecture without getting overwhelmed.
05/12/05	Good	Rash on left hand. Backache	Clay footbath at night.
05/13/05	Good	Rash on left hand.	Sleeping better. Rash on hand improving. No acid reflux after 2 days of not taking medication. Did research on the role of Niacin to detoxify. Niacin has the potential of damaging liver. Check liver.
05/14/05	Good	Rash on left hand	Acid Reflux returned. Sleep pattern back to normal. Started taking Niacin 50 mg/day Regular formula
05/15/05	Good	Rash on left hand	Rash has improved significantly
05/16/05	Good	Backache	Acid Reflux
05/17/05	Good	Backache	
05/18/05	Good		
05/19/05	Good	Left hand wrinkled. Mild Rash continues	Left to China.
05/20/05	Not good	Hand rash and pain. Exhausted	Arrived in London
05/21/05	Not good	Hand rash and pain. Hand swollen	
05/22/05	Not good	Hand rash and pain. Hands swollen. Chest pain	Arrived in China. Too much pollution.
05/23/05	Not Good	Hand rash and pain. All body swollen.	Not feeling well.

DOUG COPP'S DAILY LOG

05/02/05	Not so good	Left hand and arm swollen and red. Exhausted.	Left arm is improving slowly. Able to see parts of hand without redness or blisters. Visited Dr. Boucher for Glutathione and Vitamin treatment. Ozone treatment pending.
05/03/05	Not good	Left hand and arm improving significantly, skin coming off his left hand. Exhaustion, unable to sleep at night.	It has been a week Doug does not sleep at night. T/C with Dr. Tim Smith. Discussed EDTA, DMSA and Bio-Chelate, Niacin. Dr. recommended very small amounts of DMSA and Niacin. Recommended medication options for memory. Clay footbath at night.
05/04/05	Not good	Left arm improving significantly, Front of hand's new skin hurts. Exhaustion, unable to sleep at night. Itchy all over body. .	Doug states that his mind is thinking all through out the night without stopping. Although he was tired, he was able to work long hours in the computer and made several important phone calls without getting overwhelmed or having a headache
05/05/05	Good	Left arm and hand improved significantly, Exhaustion, unable to sleep	Thinking clear and able to work without getting overwhelmed. Started to take Niacin non-flush formula 100 mg ½ tab/day. Increased Bio-chelate to 7 drops 2x/day.
05/06/05	Good	Left arm and hand improved significantly, Exhaustion, unable to sleep	Thinking clear and able to work without getting overwhelmed.
05/07/05	Good	Exhaustion, unable to sleep	Thinking clear and able to work without getting overwhelmed. He still does not remember when he came to Nova Scotia.
05/08/05	Good	Exhaustion, unable to sleep	Goes to sleep at 5 to 6 a.m. every morning. Although he is tired, he does not have a headache.

DOUG COPP'S DAILY LOG

04/25/05	Not so good	Hundreds of blister on his hand, sharp pain on chest, headache, pimples in the back and back of head, memory problems. Irritable	Visited Dr. Boucher. Discussed effect of having colonics/ozone treatment. Agreed to have colonics treatment every 2-3 rd day and IV injection with Glutathione and Vitamins, once a week. Continue with Bio-chelate. Blood test results were good. Dr. Boucher referred Doug to Psychologist
04/26/05	Good	Blisters on hand. Memory problems, however more lucid. Red face	Left message for Psychologist. Niacin reaction (red face)
04/27/05	Not good	Blisters on hand itchy, memory problems, red face,	Psychologist referred him to go to the hospital for counseling. Clay footbath, Colonics/Ozone, Niacin
04/28/05	Very sick	Blisters on hand extended all over body, itchy, skin swollen, red face, trouble breathing, green tongue	At 3:30 a.m. went to Hospital. Dr. recommended Benadryl for allergic reaction. Visited Dr. Boucher for consultation. He recommended keeping using antibiotic and hydrocortisone cream and taking lower dosage of Niacin. At night: Left hand and arm getting worse. It looks as if it was burnt. Clusters of blisters oozing. Doug remembered the possibility of being in contact with poison ivy.
04/29/05	Not so good	Left hand and arm are swollen and infected. Tired, memory problems, dizziness. Green tongue and Niacin taste in mouth.	At night, some blisters appeared on his right arm. Visited Dr. Boucher for follow up.
04/30/05	Not so good	Left hand and arm are swollen	Blisters and redness extending to upper arm and right arm.
05/01/05	Not so good	Left hand and arm are swollen	

Doug Notes
April 23, 2005

Doug would like to get a referral to see a Psychologist or Psychiatrist. He is under too much stress and would like to get help remembering things.

When he worked in the fence in the backyard on Wednesday, he felt invalid, his hands and wrist are messed up. He has headaches, earaches, feels exhausted, and his knee joint pops, his back hurts. Everything is a big effort. He is very weak. He feels like an 80 year old man. After 4 years, he can hardly remember anything. He wonders how he got here. He has pain in his eyes. His eyes are sore and have a penetrating headache. He ~~does~~ not feel like a shadow of what he used to be. He just has fallen so far apart; he doesn't know how he'll pull back together again.

He needs to talk to someone who specializes in brain function, maybe there is something that can make him appreciate life, cope with being so chronically ill. Doug states "How many people can cope with so much for 4 years. I feel that my mind is falling apart. I am worn out from being so sick"

DOUG COPP'S DAILY LOG

04/22/05	Not so good	Blisters on hands getting infected, wrist pain, memory problems, sore, tired	Lucid. (He worked in the computer). 1st day of clay footbath. He felt light headed for a short time afterwards. Sent urine sample to test toxicity level. He found 3 important documents that he never knew he had, but a normal person would know.
04/23/05	Not so good	Blisters on hands getting infected, wrist pain, memory problems, sore, tired. Pain in the back of the eyes.	Doug wants to get a referral for a Psychologist or Psychiatrist. He is tired of being sick. Please see additional notes for details. He did something today and does not remember what it was.
04/24/05	Not so good	Blisters on hands getting infected, wrist pain, memory problems, sore, tired. Eyes sore.	Took a higher dosage of Niacin and his face turned red and felt itchy.

DOUG COPP'S DAILY LOG

04/12/05	Not so good	Headaches, earaches, rash on hand, sore, exhausted, acid reflux.	Visited Dr. Boucher. Discussed new medication. Dr. instructed not to stop taking DMSA for the moment. Start new medication until Dr. Boucher does some research on it. Doug stated his head is clear.
04/13/05	Not so good	Headaches, rash on hand, exhausted, acid reflux, extremely forgetful.	In the morning his mind was clear.
04/14/04	Not good	Headaches, rash on hand, exhausted, acid reflux, ear ringing.	<i>Colonics</i>
04/15/05	Good	Acid reflux, rash on hand	He was very active. He stated his mind was clear.
04/16/05	Good	Rash on hand, tired, forgetful	
04/17/05	Good	Rash on hands, wrist pain. forgetful	Rash on hands started to crack open. He stated his mind was clear.
04/18/05	Good	Rash on hands (cracked open), wrist pain, forgetful	Very active
04/19/05	Not so good	Rash on hands, (blisters), wrist pain Memory problems	
04/20/05	Not good	Blisters on hands getting infected, wrist pain, memory problems, sore, tired, knee joint failed. irritable	Doug felt very frustrated because he could not do work in the backyard. T/C with Dr. Boucher. Discussed new protocol re: Bio-chelate. Dr. recommended to start Bio-chelate, take urine test now and a month from now.
04/21/05	Not so good	Blisters on hands getting infected, wrist pain, memory problems, sore, tired	T/C with Dr. Nissen re: Bio-chelate. T/C with Bryan re: clay footbath. 1st day of taking Bio-Chelate. In both cases it was recommended to start at the lowest dosage possible and increase dosage as tolerated.

Colonics

DOUG COPP'S DAILY LOG

04/07/05	Not good	Exhausted, sore muscles, back pain, left-hand wrist pain, headaches	Visited Dr. Boucher. Dr. extracted gelatin-like liquid from left hand wrist. Discussed new protocol to follow: 30 min of cardiovascular activity, DMSA (oral chelation agent), Supplements. Doug reported to be having headaches for many days now.
04/08/05	Not good	Sore and aching even inside hot tub. Back pain. Headaches, grayish diarrhea. Hand wrist pain. Rash on left hand	1 st Day of DMSA and supplements. Hand wrist pain diminished.
04/09/05	Not good	Sore all over the body, back pain, Headaches, grayish diarrhea, acid reflux. Bad breath. Rash on left hand Forgetful, overwhelmed	
04/10/05	Not good	Sore all over the body, back pain, headaches, bad breath, grayish diarrhea, rash on left hand. Acid reflux Vision blurred and pain behind eyes.	
04/11/05	Not so good	Sore, bad breath, rash on left hand. Overwhelmed Diarrhea and acid reflux.	Pimples on his back

DOUG COPP'S DAILY LOG

04/05/05	Not so good	Left hand wrist pain, Back pain, forgetful	
04/06/05	Not so good	Left hand wrist pain, Back pain, forgetful,	

DOUG COPP'S DAILY LOG

03/28/05	Not so good	Left hand-wrist pain. Pain in joints and back. Headache. Forgetful	He can hardly use his left hand. Existing electrical problem in the kitchen. Doug forgot who, how and when electricity was installed in the kitchen.
03/29/05	Not so good	Left hand-wrist pain. Pain in joints and back.	
03/30/05	Very Sick	Left hand-wrist pain. Pain in joints and back, knee dislocated, numb legs Immune system down. Exhaustion, extremely forgetful, spacy.	Doug felt exhausted all day long. His mind was not clear. When we returned the woodstove to the store, Doug insisted several times he had paid with cash, when in fact, it was Paulina who paid with debit card. He tried to open the store sliding door with his car keys. He put C batteries backwards. He made several trips to the kitchen and forgot why he was in the kitchen.
03/31/05	Good	Left hand-wrist pain. forgetful	Very active.
04/01/05	Good	Left hand-wrist pain. forgetful	He needs to wear his wrist support at home most of the time. He cannot walk barefoot. If he does his foot gets numb or hurts. He needs to wear slippers or shoes in the house.
04/02/05	Not so good	Left hand-wrist pain. forgetful	He keeps forgetting how to operate cellular phone functions to retrieve messages.
04/03/04	Not so good	Left hand-wrist pain. forgetful	Forgot how much money we pay for storage. Lump on his wrist is getting worse (bigger and hurts more)
04/04/05	Not so good	Left hand-wrist pain. Forgetful, back pain, irritable, overwhelmed	Unable to handle several issues and work under pressure.

DOUG COPP'S DAILY LOG

Date	General feeling	Symptoms	Comments
03/17/05	Very sick	Disorientated, shaky, funny, feet tingling, spacy, dizzy	2 nd EDTA treatment. Half a pouch of full dose.
03/18/05	Good	questions about time	
03/19/05	Not so good	Poor coordination (dropping things), headache.	Left Maple Leaf due to heavy cologne which produced him a headache
03/20/05	Good	Questions about time	
03/21/05	Not good	Very upset, nightmares, paranoid, depressed	He completely forgot what the roof of the house looks like. For 3 weeks he drew and told the woodstove dealers the wrong design in order to install a chimney. He bought the new woodstove based on the wrong design.
03/22/05	Not good	Paranoid, nightmares, questions about time, depressed	Asked for help to a friend to help him think about the woodstove installation.
03/23/05	Not good	Confused, paranoid, upset, suicidal talk, headache, extremely forgetful. Depressed, nightmares	Obsessed with chimney installation. Finally, called for expert advice. Afraid of burning house Difficulty in trying to figure out how to operate pellet stove efficiently. Forgot we had studied all possibilities a couple of months ago.
03/24	Not good	Upset, depressed, pale. Slow speech, panicked	Dr. Boucher and Doug decided not to have EDTA treatment until symptoms diminish.
03/25/05	Not so good	Forgetful (things he did 45 minutes ago), headache all day	He stated in the morning that his head was clear.
03/26/05	Not so good	Forgetful, questions about time, left hand-wrist pain	Cannot find wallet and has no idea where it is or where he used it last time. He has a big lump on his wrist.
03/27/05	Good	Questions about time, left hand-wrist pain. Forgetful. Joint and back pain.	

**List of Medications
November 30, 2005
Doug Copp**

Iprofloxacin 500 mg – 1x prescription antibiotic – Took for 2 weeks. D/C on 11/29/05.

HP Pack 2x/day - One time prescription – *Start 11/29/05*
Domperidome 10 mg – 2x/day – *Start 11/29/05*

Synthroid 0.05 mg 1x/day
Acetozalamide 250 mg 1x/day (Water pills)

Prilosec 20mg 1x/day (D/C on 11/29/05)

Niacin 100mg /day 2x/day
Biochelate 100 ml 10 drops /day
Mastica ½ caps /day
DHEA 25mg 3 tabs/day
Calcium +D 2 tabs/day
Magnesium 1 caps/Day
L-Glutathione 50 mg 3 caps /day
Vitamin B-12 1000 mg 5 strips/day
Vitamin C 250 mg (chewable presentation) 20 /day
Peptide Clathrating Agent (PCA-RX) 2 sprays /day

Supplements he alternates:

Multi-vitamins
Multi-minerals
Beta Carotene
Glucosamine & Chondroitin
CO-Q10
Grape Seed Extract
Vitamin E

MEDICAL APPOINTMENTS / INTERVENTIONS

1/31/02

Doctor / Facility	Comments:	Date:
Santa Emergency Phys./St. Vincent Hospital	Emergency Care	09/30/01
UNM Hospital	Lab Services / Emerg. Care	12/06/01
Univ. Physiscian's Assoc.	Consultation / Emerg CARE	12/07/01
Quest Diagnostics	Lab. Services	12/28/01
St. Joseph's Healthcare	Medical Visit + Lab services	12/28/01
St. Jopseph' s Medical Center	Emergency Care	12/28/01
ST. Joseph's Helathcare	Medical Visit	12/31/01
St. Joseph's Helathcare	Medical Visit + Lab services + Diag. Exam	01/09/02
Quest Diagnostics	Lab Services	01/10/02
X-Ray Asc. PA	X-Ray Services	01/10/02
St. Joseph's Healthcare	Medical Visit	02/07/02
New Mexico Orthopedic Assoc.	X-Ray services + consultation	02/12/02
St Joseph's Healthcare	Medical Visit	03/20/02
St. Joseph's Healthcare	Inhalation Therapy + Diag. exam	04/08/02
St. Joseph's Healthcare	Medical Visit	05/13/02
St. Joseph's Healthcare	Medical Visit / Inhalation Therapy	06/07/02
X-Ray Association	X-Rays	06/10/02
St. Joseph's healthcare	Medica Visit	06/13/02
NM Pain and Wellnes Center	Back Pain Specialist	07/29/02
Presbyterian Hospital	Cat-Scan	07/30/02
ST Joseph;' Healthcare	Medical visit	08/02/02
ST. Josphe's Healthcare	Medical Visit	08/05/02
Dr. Barrett	Neurologist	08/07/02
NM Pain and Wellness Center	Back Pain Specialist / FU	08/13/02